



About the NEBOSH International Diploma in Occupational Health and Safety

Successful completion of the NEBOSH International Diploma in Occupational Health and Safety requires you to undertake around 468 hours of learning and revision of the topics specified in the course syllabus, in preparation for the NEBOSH final assessments ... 3 exams and a workplace-based assignment.

Unit IA
Managing health and safety
 assessed by a 3 hour written exam

9 elements: Recommended study time: 156 hours	IA1. Principles of health and safety management (11 hours)	IA2. Regulating health & safety (32 hours)	IA3. Loss causation and accident investigation (11 hours)
IA4. Measuring and reviewing health and safety performance (16 hours)	IA5. The assessment and evaluation of risk (19 hours)	IA6. Risk control (14 hours)	IA7. Organisational factors (25 hours)
IA8. Human factors (18 hours)	IA9. The role of the health and safety practitioner (10 hours)		

Unit IB
Hazardous substances/agents
 assessed by a 3 hour written exam

10 elements: Recommended study time: 115 hours	IB1. Managing occupational health (12 hours)	IB2. Identification, assessment and evaluation of hazardous substances (14 hours)	IB3. Control of hazardous substances (12 hours)
IB4. Monitoring and measuring of hazardous substances (11 hours)	IB5. Biological agents (9 hours)	IB6. Noise and vibration (17 hours)	IB7. Radiation (11 hours)
IB8. Mental ill-health and dealing with violence and aggression at work (11 hours)	IB9. Musculoskeletal risks and controls (9 hours)	IB10. Work environment risks and controls (9 hours)	

Unit IC
Workplace and work equipment safety
 assessed by a 3 hour written exam

10 elements: Recommended study time: 120 hours	IC1. General workplace issues (12 hours)	IC2. Principles of fire and explosion (10 hours)	IC3. Workplace fire risk assessment (10 hours)
IC4. Storage, handling & processing of dangerous substances (12 hours)	IC5. Work equipment (general) (15 hours)	IC6. Work equipment (workplace machinery) (15 hours)	IC7. Work equipment (mobile, lifting and access) (10 hours)
IC8. Electrical safety (12 hours)	IC9. Construction hazards and controls (14 hours)	IC10. Workplace transport and driving for work (10 hours)	

Unit DNI
Application of health and safety in the workplace

The workplace-based assignment requires you to apply the knowledge and understanding developed in Units IA, IB and IC to a workplace, and to produce an overall review of the arrangements for managing health and safety and justified recommendations to improve health and safety performance within the workplace.
 (77 hours)



NEBOSH International Diploma online learning course from Astutis



As an online learner you will be a motivated, independent learner, who is prepared to engage with our **interactive learning experience** and take advantage of the **range of guidance and support on offer**, to ensure you get the most out of the course. Your ultimate destination is successful completion of the NEBOSH Diploma exams, so here is an overview of the learning journey we take you on to help you reach your destination.

The starting point for your learning journey is through our online award winning learning management system, where you will find ...

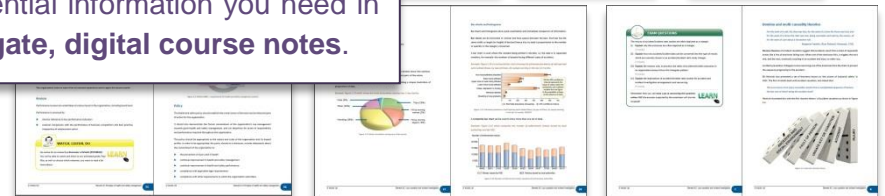


We have **mapped out the route** and broken your learning journey down into manageable chunks.

READ: IA1.1 Moral, legal and economic reasons for effective management of health and safety. **PAGES 5-22**



We provide you with the essential information you need in our **full-colour, easy to navigate, digital course notes**.



We give you lots of opportunities to **practise exam questions** and to **receive feedback** on your answers.

EXAM QUESTION:
Health and safety policy

Exam question
a. Outline the purpose of the 'organisation' and 'arrangements' sections of a health and safety policy. (4 marks)
Type your answer in the box below:

What the examiners are expecting

The purpose of the organisation section of a health and safety policy is to identify health and safety responsibilities within the company and ensure effective delegation and reporting lines. The purpose of the section on arrangements is to set out in detail the specific systems and procedures that aim to assist in the implementation of the general policy.


We **signpost you to additional web resources** that could extend your thinking, help you put things into context or simply provide you with more information on a topic.

WEB LINKS
Sources of data

Web links
Sources of data
HSE statistics
www.hse.gov.uk/statistics/index.html
Data sources of HSE statistics
www.hse.gov.uk/statistics/sources.html
Self-reported work related illness (SWI) and workplace injuries statistics - from the Labour Force Survey (LFS)
www.hse.gov.uk/statistics/publications/swi.htm
Occupational health statistics from THOR: The Health and Occupational Research Network
www.mechrolink-manchester.ac.uk/beh/research/thor/


Health and safety statistics
MVOH: Centre for Occupational and Environmental Health
THOR: The Health and Occupational Research Network

We ensure your journey is engaging by presenting key parts of the course in a variety of different ways, including video, audio, animation and interactive activities.



WATCH. LISTEN. DO.
Calculating accident rates


Watch, Listen, Do.
Accident rate calculations




Watch, Listen, Do.
Managing for health and safety - H5085



Watch, Listen, Do.
Brushing up on data handling and statistical analysis




PRACTICE ACTIVITY
Calculating the cost of incidents




Practice Activity
Acceptability and solvability of risk



Practice Activity
Incident Cost Calculator Activity



Practice Activity
What caused the accident to happen?



We provide additional activities to give you the opportunity to put into practice what you have learnt.

We also enable you to keep track of what you have covered, and see what you have left to do, on your 468 hour learning journey.



Your learning journey won't be complete unless you take advantage of the wide range of additional support we offer ...



Your own tutor
for additional 1:1 support



Mock exams
so you can check your progress towards the exams.



Discussion groups
to share your experiences with fellow learners and your tutor.



Revision sessions
with one of our tutors via our live, online web-classroom (webinars).



And as well as all of that we also enable you to access the digital course notes, audio, video and discussions wherever you are ... on your laptop, your tablet computer or even your phone.

The Astutis NEBOSH Diploma online learning course has been designed to enable your journey to be as flexible and as long or as short as you need it to be. We have provided you with everything you need for your learning journey ... you choose how you want to navigate your way through to 'destination exams'!



Watch our short video about the Astutis NEBOSH International Diploma online learning course to find out more: youtu.be/gcaTRe0y-JE



About the NEBOSH International Diploma exams



When can I sit the NEBOSH International Diploma exams?

- ◆ **Unit IA, IB and IC written exams** take place twice a year, in **January** and **July**.
- ◆ **Unit DNI written assignment** can be submitted **several times in a year**.
The exam and assignment submission dates are [published on the NEBOSH website](#) every year.

Where can I sit these exams?

We have NEBOSH International Diploma exam venues in a range of international locations. Contact our [course advisors](#) for more information.

What do I have to do to sit a NEBOSH International Diploma exam or submit my assignment with Astutis?

The NEBOSH International Diploma exams and assignment submission only happen a few times during the year so **everything you have to do in preparation has deadlines**. As an overview, there are 3 things for you to do:

- 1** You must be enrolled as a Diploma student with NEBOSH before we can register you to take any examinations or submit your Unit DNI written assignment. **The downloadable NEBOSH International Diploma Student Enrolment Form can be found with your course materials.**
- 2** You need to **advise us which of the 3 exams you want to sit, when and in which location**, so we can register this with NEBOSH.
- 3** You need to **let us know which date you are going to submit your Unit DNI assignment** by, so we can register this with NEBOSH.

For full details of how to book an exam, including the deadlines when you must do this by and the cost, contact our [course advisors](#) for more information.

Important things to remember:



Once you have been enrolled as a Diploma student with NEBOSH, you have **5 years** to successfully complete the Unit IA, IB and IC exams and the Unit DNI written assignment.

If you are not enrolled as a Diploma student with NEBOSH by the date specified on our exams webpage, **you cannot sit the exams** or submit your Unit DNI assignment.